



**OLYMPIC SOCCER ACADEMY** has been specially designed to recognise that every child is an individual, and has been proven that the best way for this to be achieved is when playing with other children of a similar age group and abilities. With this in mind OSA has created three different age groups to encourage the children to maximise their involvement and potential.

**COURSE DURATION:** 5 days. All children have to sign up for the course in advance. Upon completion of the OSA course, the participants will receive a certificate and acknowledgement of their progress and performance.

## TEAM NAMES

### MINI KICKERS

Our Mini Kickers group welcomes 3 to 6-year-olds. Each session focuses on fun-filled games to enhance basic football control. These workshops have been developed for the children's balance, control and movement. The games are designed to provide encouragement, fun and recreation while building friendships.

### JUNIOR KICKERS

Our Junior Kickers group is for 7 to 11-year-olds. We focus on teaching the child how to grasp and read the beautiful game. Game assessment, first touch play, and field positioning are all classic examples. We will develop existing abilities and a passion for football to help the children master new skills and understand when to use them in a match situation.

### KOOL KICKERS

Our Kool Kickers group is for children who are 12 years old and over. Training is based on the Triple "P" philosophy:

**PREP** - Small, quick, controlled workshops to refresh the body and mind and prepare for the second "P"

**PRACTISE** - Small invigorating workshops that involve the ball and nothing else but your knowledge of the game.

Action sessions to work the mind and ability before tackling the final "P"

**PLAY** - Now it's not only about ability and skill, but also about being a team player. Preparation and practise are put into action.



OLYMPIC LAGOON  
Resorts

AGIA NAPA • PAPHOS



# OLYMPIC SOCCER ACADEMY

PLEASE MEET AT THE FOOTBALL COURT



DAY	<b>MINI KICKERS</b> 10:00 - 10:45	<b>JUNIOR KICKERS</b> 11:00 - 11:45	<b>KOOL KICKERS</b> 12:00 - 12:45
Monday	Pirates of the Caribbean, Foxes and Chickens, What number is it?, Body Parts	A to B, Win the race	Flop, Volleyball, Headers and volleyball
Tuesday	Maths homework, Tunnel Ball, The post man, Knock them down, Pick them up	Ankle slaps, Cones, Cones, Cones	Chip pass to target, Corners game, The bank game
Wednesday	- Day Off -	- Day Off -	- Day Off -
Thursday	Tidy your room, Coach says, Minefield, Touch your toes	The dribble, Inside and out	No man's zone, One VS one, Football golf
Friday	Charlie the cat, Repair your house, The ABC drill, The numbers game	Pass your test & Vice versa	Through the box, Go for the goal, Three grids
Saturday	Messi or Ronaldo's house, Lions VS Zebras, Triangles, Follow the leader	Three VS four VS three	Four goal game, Diamond goal combo, Diamond pass combo

Certificate Presentation on Saturday 21:00 - 21:15