

# SUNDAY

**Aqua Aerobics** Outdoor Lagoon pool  
This fun sports related workout which teaches you to use the water as if it were a powerful gym. Fitness & fun wrapped up in one.

**All Star FM** Meet at Poolside  
Join us for "All Star FM" the Kanika All-Stars Virtual Radio Station!

**Water Volleyball** Outdoor Lagoon Pool  
Up and over . . . not down and under. Take too long and the game is over. Age 13+ (must be competent swimmer)

**Table Tennis** Games Area  
Ping Pong is never wrong! Come and test your Table Tennis skills in this fun game! Age 13

**Sjoeback** Games Area  
Join us for this popular table-top game!

**Archery** Meet at Reception  
No Robin Hood or apple here Just bow, arrow and target. Age 16+

**Water Polo** Outdoor Lagoon Pool  
Team up and be the best you can. Who will be the Olympians? Age 13+

**Killer Darts** Games Area  
Who will be the killer in this ruthless game. Age 13+

**Poolside Quiz** Outdoor Lagoon Pool  
Dust off your thinking caps – it's time to get those brains working! Our daily Poolside Quiz will see who is the brains of the hotel.

## Grand carvery

An irresistible buffet of succulent meats accompanied by delicious sauces Venue: Royal Olympic

**Safari Star Meet & Greet** Xperience Arena  
Come and meet one of the Safari Stars, have your photo and get their autograph!

**Murray's Monster Madness!** Xperience Arena  
It's Mini Disco time so join us for fun, games and most importantly DANCING!

**Certificate Presentation!** Xperience Arena  
Are you a winner?! Then come and collect your special Kanika All-Star Certificate.

**Two Legged** Xperience Arena  
Feeling Funny? Come and join us where laughing matters!

**A Night At The Musicals!** Xperience Arena  
Tonight we take you too Broadway. From "The Lion King" to "Wicked" plus more!

## RESTAURANTS & BARS

### OPENING HOURS

RESTAURANT	OPENING DAYS	OPENING HOURS
<b>Royal Olympic</b>		
Breakfast	Mon - Sun	07:00 - 10:30
Lunch	Mon - Sun	12:30 - 14:30
Dinner	Mon - Sun	18:30 - 21:30
<b>Rock n Roll Diner</b>		
Lunch	Mon - Sun	12:00 - 15:00
Dinner	Mon - Sun	18:30 - 23:00
<b>Seven Orchids Pan Asian Restaurant</b>		
Family dinner *(Reservation once/ week)	Tue, Wed, Fri, Sat, Sun	18.30 - 20.30
Adults only *(Reservation once/ week)	Tue, Wed, Fri, Sat, Sun	21.00 - 22.00
<b>Captains Deck</b>		
Dinner *(Once a week)	Mon,Wed,Thu,Sat,Sun	19:00 - 22:00
<b>Garibaldi Restaurant</b>		
Dinner *(Once a week. Adults only)	Mon, Tue, Thu, Fri, Sat, Sun	19:00 - 22:00
<b>Snackeria</b>		
Snacks & Drinks	Mon - Sun	10:30 - 22:00
<b>You &amp; Me Bar</b>		
Drinks (For Adults After 21:00hrs)	Mon - Sun	18:00 - 01:30
<b>Xperience Arena</b>		
Drinks	Mon - Sun	19:30 - 23:30
<b>Teenz Club</b>		
Drinks (Non-Alcoholic Drinks)	Mon - Sun	10:00 - 23:00

\* Please refer to our Info Kiosk for any changes in the opening hours and opening days of the restaurants.

Kindly note that children under 18 are not allowed in the You & Me Bar after 21:00 hrs.

## YOU & ME B A R

Sit and relax with our very tasty and exciting cocktail menu whilst being entertained by our various fantastic live acts, several nights a week.

Over 18's only after 9pm

## THEME Nights

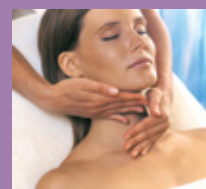
During our **Theme Nights**, a world of transcendent flavours is on display for your ultimate dining pleasure. Every night our chefs prepare a different themed buffet that combines premium ingredients and modern culinary techniques.



Give your face and body a real treat!

Ensure you take that holiday look by immersing your self in the Tranquillity of Serenity Health Club and Spa, right here in our resort!

Expertly applied world-class, marine-based spa products are the basis of face and body treatments that reach further and deeper into your skin, leaving you with that wonderful sensation of healthy relaxation and visible radiance.



### SPECIAL TREATS

Book an Anti-Stress Back Massage or a Therapeutic Massage for €45.00 and Enjoy... a Free Sauna and Steam Bath for two persons OR

Book a Facial Treatment of your choice for €60.00 and Enjoy... a free Sauna and steam bath for two persons

For consultations and bookings, kindly contact our SPA by dialing Ext. No. 3425 or call reception Ext. No. 0

### Opening Hours

Serenity Health Club & Spa  
08:00 hrs - 20:00 hrs

Fitness Centre  
07:00 hrs - 19:00 hrs - free access

management reserve the right to change the program without prior notice



WEEK 2 / 2017

# Weekly Activities & Entertainment

## PROGRAMME



## Fun for Everyone!

At the Kanika Olympic Lagoon Resort we offer our guests a real holiday packed with daytime activities and evening entertainment. From Outdoor sports and fun activities to a varied and spectacular evening programme, Kanika Olympic Lagoon Resort has it all.

Check our weekly activities and entertainment programme to make the most of your stay .



10:30  
11:00  
11:00  
11:30  
12:00  
14:00  
15:00  
16:00  
16:30  
18:30  
20:00  
20:15  
21:00  
21:15  
21:45

# MONDAY

10:30 **Aqua Aerobics** Outdoor Lagoon pool  
This fun sports related workout which teaches you to use the water as if it were a powerful gym. Fitness & fun wrapped up in one.

11:00 **All-Star FM** Meet at Poolside  
Join us for “All-Star FM” our Kanika All-Star virtual radio station. Music, Trivia and more!

11:00 **Water Volley Ball** Outdoor Lagoon Pool  
Up and over . . . not down and under. Take too long and the game is over. Age13+ (must be competent swimmer)

11:30 **Table Tennis** Games Area  
Ping Pong is never wrong! Come and test your Table Tennis skills in this fun game! Age 13+

12:00 **Murry The Monster Meet & Greet** Kids Pool  
Come and meet Murry The Monster as he comes and says hi by the pool!

14:00 **Archery** Meet at Reception  
No Robin Hood or apple here Just bow, arrow and target. Age 16+

15:00 **Water Polo** Outdoor Lagoon Pool  
Team up and be the best you can. Who will be the Olympians? Age 13+

16:00 **Killer Darts** Games Area  
Three Strikes and your out! Do you have the skills to be our Killer Darts Champion? Age 13+

16:30 **Poolside Quiz** Outdoor Lagoon Pool  
Dust off your thinking caps – it’s time to get those brains working! Our daily Poolside Quiz will see who is the brains of the hotel.

17:00 **Adults Football Match** football pitch  
Grab those trainers and football tops and join us for a friendly match on our football pitch



18:30 An exotic feast unlike any other, designed to delight the adventurous palate **Venue: Royal Olympic**

20:00 **Safari Star Meet & Greet** Xperience Arena  
Come and meet one of the Safari Stars, have your photo and get their autograph!

20:00 **Bricks4Kidz Lego** Xperience Arena  
Join us in this interactive Lego session!

21:00 **Certificate Presentation!** Xperience Arena  
Are you a winner?! Then come and collect your special Kanika All-Star Certificate.

21:15 **The Tone** Xperience Arena  
A show that will have your feet tapping the whole way through. New for 2016 ‘The Tones’ brings incredible songs with incredible harmonies to match.

22:00 **Live Professional Act** Xperience Arena  
Come and see one of our many professional acts here at the Olympic Lagoon, a cabaret show not to be missed.

# TUESDAY

10:30 **All star Family Fitness** Outdoor Lagoon Pool  
1, 2, 3, let’s get Fit. Family exercise let’s do it!! Have some family fun in this light fitness activity.

10:30 **Character Parade** Around the Pool  
Lucas, Zorba and Bella say Hi. Parading around the Hotel with the sun in the sky. Meet the Olympic Lagoon’s best friends in this fabulous parade

11:00 **All-Star FM** Meet at Poolside  
Join us for “All-Star FM” our Kanika All-Star virtual radio station. Music, Trivia and more!

11:00 **Water Volleyball** Outdoor Lagoon Pool  
Up and over . . . not down and under. Take too long and the game is over. Age13+ (must be competent swimmer)

11:30 **Killer Pool** Games area  
Three Strikes and your out! Do you have the skills to be our Killer Pool Champion? Age 13+

12:00 **Pool Mini Disco** Outdoor Lagoon Pool  
It’s PARTY DANCE TIME! Join in with the party dances in the pool.

14:00 **Water Basket Ball** Outdoor Lagoon Pool  
Get on your trunks... It’s time for slam dunks! Jump in the pool for this action packed game! Age13+ (must be competent swimmer)

15:00 **All Star Exclusive Event - Total Wipeout** Outdoor Lagoon Pool  
Have you got what it takes to go far? Prove yourself and become an All Star! This event is not to be missed. As your All Star put you through your paces to see if you really are the best.

16:00 **Killer Darts** Games Area  
Who will be the killer in this ruthless game. Age 13+

16:30 **Aqua Zumba** Outdoor Lagoon Pool  
Aqua Zumba, Those looking to make a splash by adding a low-impact, high-energy aquatic exercise to their fitness routine.

17:00 **Adults Football Match** football pitch  
Grab those trainers and football tops and join us for a friendly match on our football pitch



18:30 A buffet of sizzling grills. **Venue: Royal Olympic**

20:00 **Safari Star Meet & Greet** Xperience Arena  
Come and meet one of the Safari Stars, have your photo and get their autograph!

20:15 **Murray’s Monster Madness!** Xperience Arena  
It’s Mini Disco time so join us for fun, games and most importantly DANCING!

21:00 **Certificate Presentation!** Xperience Arena  
Are you a winner?! Then come and collect your special Kanika All-Star Certificate.

21:15 **The Real Thing!** Xperience Arena  
Come and listen to our resident band “The Real Thing” and our Kanika All-Stars with some live music!

21:45 **Life On Mars** Xperience Arena  
“Today I don’t feel like doing anything...” Well, come and see your Kanika All-Stars singing the songs of Bruno Mars in concert.

22:30 **Request Disco** Xperience Arena  
Request your favourite songs from our DJ and dance the night away!

# WEDNESDAY

10:30 **Aqua Aerobics** Outdoor Lagoon pool  
This fun sports related workout which teaches you to use the water as if it were a powerful gym. Fitness & fun wrapped up in one.

10:30 **Crossbar Challenge** Outdoor Lagoon Pool  
Concentrate and you’ll go far. Try and hit our crossbar! Put your football ability to the test in this game of accuracy.

11:00 **Water Volleyball** Outdoor Lagoon Pool  
Up and over . . . not down and under. Take too long and the game is over. Age13+ (must be competent swimmer)

11:00 **All-Star FM** Meet at Poolside  
Join us for “All-Star FM” our Kanika All-Star virtual radio station. Music, Trivia and more!

11:30 **Table Tennis** Games Area  
Ping Pong is never wrong! Come and test your Table Tennis skills in this fun game! Age 13+

12:00 **Sjoeback** Games Area  
Join us for this popular table-top game!

14:00 **Archery** Meet at Reception  
No Robin Hood or apple here Just bow, arrow and target. Age 16+

15:00 **Water Polo** Outdoor Lagoon Pool  
Team up and be the best you can. Who will be the Olympians? Age 13+

16:00 **Killer Darts** Games Area  
Who will be the killer in this ruthless game. Age 13+

16:30 **Poolside Quiz** Outdoor Lagoon Pool  
Dust off your thinking caps – it’s time to get those brains working! Our daily Poolside Quiz will see who is the brains of the hotel.

17:00 **Adults Football Match** football pitch  
Grab those trainers and football tops and join us for a friendly match on our football pitch



18:30 An indulgent choice of Italy’s finest cuisine inspired by classical dishes **Venue: Royal Olympic**

20:00 **Safari Star Meet & Greet** Xperience Arena  
Come and meet one of the Safari Stars, have your photo and get their autograph!

20:15 **Murray’s Monster Madness!** Xperience Arena  
It’s Mini Disco time so join us for fun, games and most importantly DANCING!

21:00 **Certificate Presentation!** Xperience Arena  
Are you a winner?! Then come and collect your special Kanika All-Star Certificate.

21:15 **If I Were Not Upon The Stage!** Xperience Arena  
Ever wondered what the Kanika All-Stars would do if they weren’t here? Join us in tonight’s comedy sketch to find out what?

21:45 **Legends Of Sound** Xperience Arena  
Tonight your our Kanika Allstars perform top hits from the Legends of the music industry! With hits from Elvis, MJ & many more this show is guaranteed to have you singing along!

22:45 **Request Disco** Xperience Arena  
Request your favourite songs from our DJ and dance the night away!

# THURSDAY

10:30 **Yoga / Stretching** Pool Bar  
Relax your mind, body and soul and regain your inner zen with our morning stretching

11:00 **All-Star FM** Meet at Poolside  
Join us for “All-Star FM” our Kanika All-Star virtual radio station. Music, Trivia and more!

11:00 **Water Volleyball** Outdoor Lagoon Pool  
Up and over . . . not down and under. Take too long and the game is over. Age13+ (must be competent swimmer)

11:30 **Speed Pool** Games area  
Tick Tock take your shot, don’t take long to make your pot! A high paced game of precision and skill.

12:00 **Pool Mini Disco** Outdoor Lagoon Pool  
It’s PARTY DANCE TIME! Join in with the party dances in the pool.

14:00 **Water Basket Ball** Outdoor Lagoon Pool  
Get on your trunks... It’s time for slam dunks! Jump in the pool for this action packed game! Age13+ (must be competent swimmer)

15:00 **All Star Exclusive Event - You Bet Challenge** Outdoor Lagoon Pool  
Have you got what it takes to go far? Prove yourself and become an All Star! This event is not to be missed. As your All Star put you through your paces to see if you really are the best.

16:00 **Killer Darts** Games Area  
Who will be the killer in this ruthless game. Age 13+

16:30 **Aqua Zumba** Outdoor Lagoon Pool  
Aqua Zumba, Those looking to make a splash by adding a low-impact, high-energy aquatic exercise to their fitness routine.

17:00 **Adults Football Match** football pitch  
Grab those trainers and football tops and join us for a friendly match on our football pitch



18:30 An indulgent display inspired by classical dishes originating in the kitchens of France. **Venue: Royal Olympic**

20:00 **Safari Star Meet & Greet** Xperience Arena  
Come and meet one of the Safari Stars, have your photo and get their autograph!

20:15 **Murray’s Monster Madness!** Xperience Arena  
It’s Mini Disco time so join us for fun, games and most importantly DANCING!

21:00 **Certificate Presentation!** Xperience Arena  
Are you a winner?! Then come and collect your special Kanika All-Star Certificate.

21:15 **Interactive Quiz** Xperience Arena  
Get involved in our interactive quiz!

21:45 **Live Professional Act** Xperience Arena  
Come and see one of our many professional acts here at the Olympic Lagoon, a cabaret show not to be missed.

23:00 **Request Disco** Xperience Arena  
Request your favourite songs from our DJ and dance the night away!

# FRIDAY

10:30 **Aqua Aerobics** Outdoor Lagoon pool  
This fun sports related workout which teaches you to use the water as if it were a powerful gym. Fitness & fun wrapped up in one.

11:00 **All-Star FM** Meet at Poolside  
Join us for “All-Star FM” our Kanika All-Star virtual radio station. Music, Trivia and more!

11:00 **Water Volleyball** Outdoor Lagoon Pool  
Up and over . . . not down and under. Take too long and the game is over. Age13+ (must be competent swimmer)

11:30 **Table Tennis** Games Area  
Ping Pong is never wrong! Come and test your Table Tennis skills in this fun game! Age 13+

12:00 **Murry The Monster Meet & Greet** Kids Pool  
Come and meet Murry The Monster as he comes and says hi by the pool!

14:00 **Archery** Meet at Reception  
No Robin Hood or apple here Just bow, arrow and target. Age 16+

15:00 **Water Polo** Outdoor Lagoon Pool  
Team up and be the best you can. Who will be the Olympians? Age 13+

16:00 **Killer Darts** Games Area  
Who will be the killer in this ruthless game. Age 13+

16:30 **Poolside Quiz** Outdoor Lagoon Pool  
Dust off your thinking caps – it’s time to get those brains working! Our daily Poolside Quiz will see who is the brains of the hotel.

17:00 **Adults Football Match** football pitch  
Grab those trainers and football tops and join us for a friendly match on our football pitch



18:30 A gourmet feast of all the favourite local Cypriot dishes. **Venue: Royal Olympic**

20:00 **Safari Star Meet & Greet** Xperience Arena  
Come and meet one of the Safari Stars, have your photo and get their autograph!

20:15 **Safari Stars Showtime!** Xperience Arena  
Come and join Lucas, Bella, Zorba & Gigi on their storybook adventure!

21:00 **Certificate Presentation!** Xperience Arena  
Are you a winner?! Then come and collect your special Kanika All-Star Certificate.

21:15 **Prize Bingo** Xperience Arena  
“All the eights two fat entertainers, 88”. Can you guess which two are going to pull out the big prizes in tonight’s cash bingo”

21:45 **Flashback** Xperience Arena  
Tonight Kanika goes through the decades as we Flashback to some great music!

22:30 **Party Dances and Disco** Xperience Arena  
5678, Ketchup Song, Blame it on the Boogie... You know you want to!. Come and join your Entertainers on the dance floor to dance the night away!

# SATURDAY

10:30 **Zumba / Dance Aerobics** Outdoor Lagoon Pool  
Latin, Salsa and Mambo are all the norm, in this craze that’s taken the world by storm! Shimmy on down to some fantastic Latino music in our Dance aerobics.

10:30 **Character Parade** Around the Pool  
Lucas, Zorba and Bella say Hi. Parading around the Hotel with the sun in the sky. Meet the Olympic Lagoon’s best friends in this fabulous parade

11:00 **Water Volleyball** Outdoor Lagoon Pool  
Up and over . . . not down and under. Take too long and the game is over. Age13+ (must be competent swimmer)

11:00 **All-Star FM** Meet at Poolside  
Join us for “All-Star FM” our Kanika All-Star virtual radio station. Music, Trivia and more!

11:30 **Shuffleboard** Meet at Reception  
Slide the discs down the mat to see how many points you can get!

12:00 **Pool Mini Disco** Outdoor Lagoon Pool  
It’s PARTY DANCE TIME! Join in with the party dances in the pool.

14:00 **Water Basket Ball** Outdoor Lagoon Pool  
Get on your trunks... It’s time for slam dunks! Jump in the pool for this action packed game! Age13+ (must be competent swimmer)

15:00 **Water Olympics** Outdoor Lagoon Pool  
Time for the ultimate water challenge – team up to see who can win the ultimate title of “Team Olympic”

16:30 **Aqua Zumba** Outdoor Lagoon Pool  
Aqua Zumba, Those looking to make a splash by adding a low-impact, high-energy aquatic exercise to their fitness routine.

17:00 **Adults Football Match** football pitch  
Grab those trainers and football tops and join us for a friendly match on our football pitch



18:30 Enjoy a lavish buffet of Mexican specialities. **Venue: Royal Olympic**

20:00 **Safari Star Meet & Greet** Xperience Arena  
Come and meet one of the Safari Stars, have your photo and get their autograph!

20:15 **Olympics Got Talent Showtime!** Xperience Arena  
After today’s auditions these budding performers are ready to showcase their skills.

21:00 **Certificate Presentation!** Xperience Arena  
Are you a winner?! Then come and collect your special Kanika All-Star Certificate.

21:15 **Abba Mania** Xperience Arena  
“Mamma Mia, are you a Dancing Queen?” It’s time for Abba Mania!

21:45 **The Jerseys** Xperience Arena  
Tonight your Kanika Allstars are going to walk like a man to the fabulous sounds of Frankie Valli & the Four Seasons. Oh what a night!

23:00 **70s Disco Party!** Xperience Arena  
It’s time to spin those tunes and show us some funky moves on the dancefloor!