

SUNDAY

Aqua Aerobics Outdoor Lagoon pool
This fun sports related workout which teaches you to use the water as if it were a powerful gym. Fitness & fun wrapped up in one.

All Star FM Meet at Poolside
Join us for "All Star FM" the Kanika All-Stars Virtual Radio Station!

Water Volleyball Outdoor Lagoon Pool
Up and over . . . not down and under. Take too long and the game is over. Age 13+ (must be competent swimmer)

Table Tennis Games Area
Ping Pong is never wrong! Come and test your Table Tennis skills in this fun game! Age 13

Sjoeback Games Area
Join us in this popular table-top game!

Archery Meet at Reception
No Robin Hood or apple here Just bow, arrow and target. Age 16+

Water Polo Outdoor Lagoon Pool
Team up and be the best you can. Who will be the Olympians? Age 13+

Killer Darts Games Area
Who will be the killer in this ruthless game. Age 13+

Poolside Quiz Outdoor Lagoon Pool
Dust off your thinking caps – it's time to get those brains working! Our daily Poolside Quiz will see who is the brains of the hotel.

Grand carvery

An irresistible buffet of succulent meats accompanied by delicious sauces Venue: Royal Olympic

Safari Star Meet & Greet Xperience Arena
Come and meet one of the Safari Stars, have your photo and get their autograph!

Murray's Monster Madness! Xperience Arena
It's Mini Disco time so join us for fun, games and most importantly DANCING!

Certificate Presentation! Xperience Arena
Are you a winner?! Then come and collect your special Kanika All-Star Certificate.

Faces Of Disco! Xperience Arena
Who's dancing tonight? It's time to dance with Faces Of Discos!

Chicago Rouge Xperience Arena
Bonjour! Welcome to Chicago Rouge where tonight you'll hear songs of Love, Passion and Desire!

RESTAURANTS & BARS

OPENING HOURS

RESTAURANT	OPENING DAYS	OPENING HOURS
Royal Olympic		
Breakfast	Mon - Sun	07:00 - 10:30
Lunch	Mon - Sun	12:30 - 14:30
Dinner	Mon - Sun	18:30 - 21:30
Rock n Roll Diner		
Lunch	Mon - Sun	12:00 - 15:00
Dinner	Mon - Sun	18:30 - 23:00
Seven Orchids Pan Asian Restaurant		
Family dinner *(Reservation once/ week)	Tue, Wed, Fri, Sat, Sun	18.30 - 20.30
Adults only *(Reservation once/ week)	Tue, Wed, Fri, Sat, Sun	21.00 - 22.00
Captains Deck		
Dinner *(Once a week)	Mon,Wed,Thu,Sat,Sun	19:00 - 22:00
Garibaldi Restaurant		
Dinner *(Once a week. Adults only)	Mon, Tue, Thu, Fri, Sat, Sun	19:00 - 22:00
Snackeria		
Snacks & Drinks	Mon - Sun	10:30 - 22:00
You & Me Bar		
Drinks (For Adults After 21:00hrs)	Mon - Sun	18:00 - 01:30
Xperience Arena		
Drinks	Mon - Sun	19:30 - 23:30
Teenz Club		
Drinks (Non-Alcoholic Drinks)	Mon - Sun	10:00 - 23:00

* Please refer to our Info Kiosk for any changes in the opening hours and opening days of the restaurants.

Kindly note that children under 18 are not allowed in the You & Me Bar after 21:00 hrs.



Sit and relax with our very tasty and exciting cocktail menu whilst being entertained by our various fantastic live acts, several nights a week.

Over 18's only after 9pm

THEME Nights

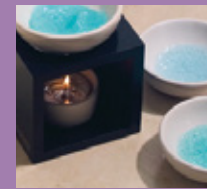
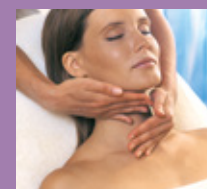
During our **Theme Nights**, a world of transcendent flavours is on display for your ultimate dining pleasure. Every night our chefs prepare a different themed buffet that combines premium ingredients and modern culinary techniques.



Give your face and body a real treat!

Ensure you take that holiday look by immersing your self in the Tranquillity of Serenity Health Club and Spa, right here in our resort!

Expertly applied world-class, marine-based spa products are the basis of face and body treatments that reach further and deeper into your skin, leaving you with that wonderful sensation of healthy relaxation and visible radiance.



SPECIAL TREATS

Book an Anti-Stress Back Massage or a Therapeutic Massage for €45.00 and Enjoy... a Free Sauna and Steam Bath for two persons OR

Book a Facial Treatment of your choice for €60.00 and Enjoy... a free Sauna and steam bath for two persons

For consultations and bookings, kindly contact our SPA by dialing Ext. No. 3425 or call reception Ext. No. 0

Opening Hours

Serenity Health Club & Spa
08:00 hrs - 20:00 hrs

Fitness Centre
07:00 hrs - 19:00 hrs - free access

management reserve the right to change the program without prior notice



Weekly Activities & Entertainment

PROGRAMME



Fun for Everyone!

At the Kanika Olympic Lagoon Resort we offer our guests a real holiday packed with daytime activities and evening entertainment. From Outdoor sports and fun activities to a varied and spectacular evening programme, Kanika Olympic Lagoon Resort has it all. Check our weekly activities and entertainment programme to make the most of your stay.



MONDAY

10:30 **Aqua Aerobics** Outdoor Lagoon pool
This fun sports related workout which teaches you to use the water as if it were a powerful gym. Fitness & fun wrapped up in one.

11:00 **All-Star FM** Meet at Poolside
Join us for “All-Star FM” our Kanika All-Star virtual radio station. Music, Trivia and more!

11:00 **Water Volley Ball** Outdoor Lagoon Pool
Up and over . . . not down and under. Take too long and the game is over. Age13+ (must be competent swimmer)

11:30 **Table Tennis** Games Area
Ping Pong is never wrong! Come and test your Table Tennis skills in this fun game! Age 13+

12:00 **Murry The Monster Meet & Greet** Kids Pool
Come and meet Murry The Monster as he comes and says hi by the pool!

14:00 **Archery** Meet at Reception
No Robin Hood or apple here Just bow, arrow and target. Age 16+

15:00 **Water Polo** Outdoor Lagoon Pool
Team up and be the best you can. Who will be the Olympians? Age 13+

16:00 **Killer Darts** Games Area
Three Strikes and your out! Do you have the skills to be our Killer Darts Champion? Age 13+

16:30 **Poolside Quiz** Outdoor Lagoon Pool
Dust off your thinking caps – it’s time to get those brains working! Our daily Poolside Quiz will see who is the brains of the hotel.

17:00 **Adults Football Match** football pitch
Grab those trainers and football tops and join us for a friendly match on our football pitch



18:30 Asian inspired combination of tastes and sensations from the Orient Venue: Royal Olympic

20:00 **Safari Star Meet & Greet** Xperience Arena
Come and meet one of the Safari Stars, have your photo and get their autograph!

20:00 **Bricks4Kidz Lego** Xperience Arena
Join us in this interactive Lego session!

21:30 **Certificate Presentation!** Xperience Arena
Are you a winner?! Then come and collect your special Kanika All-Star Certificate.

21:45 **Sounds Of Motown** Xperience Arena
Stop! In the name of Love! Tonight it’s time to “Get Ready” to the groove of that Motown sound!

TUESDAY

10:30 **All star Family Fitness** Outdoor Lagoon Pool
1, 2, 3, let’s get Fit. Family exercise let’s do it!! Have some family fun in this light fitness activity.

10:30 **Character Parade** Around the Pool
Lucas, Zorba and Bella say Hi. Parading around the Hotel with the sun in the sky. Meet the Olympic Lagoon’s best friends in this fabulous parade

11:00 **All-Star FM** Meet at Poolside
Join us for “All-Star FM” our Kanika All-Star virtual radio station. Music, Trivia and more!

11:00 **Water Volleyball** Outdoor Lagoon Pool
Up and over . . . not down and under. Take too long and the game is over. Age13+ (must be competent swimmer)

11:30 **Killer Pool** Games area
Three Strikes and your out! Do you have the skills to be our Killer Pool Champion? Age 13+

12:00 **Pool Mini Disco** Outdoor Lagoon Pool
It’s PARTY DANCE TIME! Join in with the party dances in the pool.

14:00 **Water Basket Ball** Outdoor Lagoon Pool
Get on your trunks... It’s time for slam dunks! Jump in the pool for this action packed game! Age13+ (must be competent swimmer)

15:00 **All Star Exclusive Event - Total Wipeout** Outdoor Lagoon Pool
Have you got what it takes to go far? Prove yourself and become an All Star! This event is not to be missed. As your All Star put you through your paces to see if you really are the best.

16:00 **Killer Darts** Games Area
Who will be the killer in this ruthless game. Age 13+

16:30 **Aqua Zumba** Outdoor Lagoon Pool
Aqua Zumba, Those looking to make a splash by adding a low-impact, high-energy aquatic exercise to their fitness routine.

17:00 **Adults Football Match** football pitch
Grab those trainers and football tops and join us for a friendly match on our football pitch



18:30 A mouth-watering buffet using locally sourced produce in home-cooked specialities Venue: Royal Olympic

20:00 **Safari Star Meet & Greet** Xperience Arena
Come and meet one of the Safari Stars, have your photo and get their autograph!

20:15 **Murray’s Monster Madness!** Xperience Arena
It’s Mini Disco time so join us for fun, games and most importantly DANCING!

21:00 **Certificate Presentation!** Xperience Arena
Are you a winner?! Then come and collect your special Kanika All-Star Certificate.

21:15 **Rock The Room** Xperience Arena
Can you Rock this place tonight?! Let’s Rock The Room!

21:45 **Rock Fest!** Xperience Arena
It’s time to rock out as your Kanika All-Stars present the best tunes from “Kings Of Leon”, “Bon Jovi” and more!

22:30 **Request Disco** Xperience Arena
Request your favourite songs from our DJ and dance the night away!

WEDNESDAY

10:30 **Aqua Aerobics** Outdoor Lagoon pool
This fun sports related workout which teaches you to use the water as if it were a powerful gym. Fitness & fun wrapped up in one.

10:30 **Crossbar Challenge** Outdoor Lagoon Pool
Concentrate and you’ll go far. Try and hit our crossbar! Put your football ability to the test in this game of accuracy.

11:00 **Water Volleyball** Outdoor Lagoon Pool
Up and over . . . not down and under. Take too long and the game is over. Age13+ (must be competent swimmer)

11:00 **All-Star FM** Meet at Poolside
Join us for “All-Star FM” our Kanika All-Star virtual radio station. Music, Trivia and more!

11:30 **Table Tennis** Games Area
Ping Pong is never wrong! Come and test your Table Tennis skills in this fun game! Age 13+

12:00 **Sjoeback** Games Area
Join us in this popular table-top game!

14:00 **Archery** Meet at Reception
No Robin Hood or apple here Just bow, arrow and target. Age 16+

15:00 **Water Polo** Outdoor Lagoon Pool
Team up and be the best you can. Who will be the Olympians? Age 13+

16:00 **Killer Darts** Games Area
Who will be the killer in this ruthless game. Age 13+

16:30 **Poolside Quiz** Outdoor Lagoon Pool
Dust off your thinking caps – it’s time to get those brains working! Our daily Poolside Quiz will see who is the brains of the hotel.

17:00 **Adults Football Match** football pitch
Grab those trainers and football tops and join us for a friendly match on our football pitch



18:30 An indulgent choice of Italy’s finest cuisine inspired by classical dishes. Venue: Royal Olympic

20:00 **Safari Star Meet & Greet** Xperience Arena
Come and meet one of the Safari Stars, have your photo and get their autograph!

20:15 **Murray’s Monster Madness!** Xperience Arena
It’s Mini Disco time so join us for fun, games and most importantly DANCING!

21:00 **Certificate Presentation!** Xperience Arena
Are you a winner?! Then come and collect your special Kanika All-Star Certificate.

21:15 **The Boy With Tape On His Face!** Xperience Arena
Tonight we present to you a unique performance in this clever and charming mime and stand-up comedy act which will leave you lost for words!

21:45 **We Will Rock You** Xperience Arena
The year is 2317 all musical instruments have been banned and the company Globalsoft has taken over. Is this the real life or is it just fantasy? Join the Bohemians on a headlong quest to bring real music back to life!

23:00 **Request Disco** Xperience Arena
Request your favourite songs from our DJ and dance the night away!

THURSDAY

10:30 **Yoga / Stretching** Pool Bar
Relax your mind, body and soul and regain your inner zen with our morning stretching

11:00 **All-Star FM** Meet at Poolside
Join us for “All-Star FM” our Kanika All-Star virtual radio station. Music, Trivia and more!

11:00 **Water Volleyball** Outdoor Lagoon Pool
Up and over . . . not down and under. Take too long and the game is over. Age13+ (must be competent swimmer)

11:30 **Speed Pool** Games area
Tick Tock take your shot, don’t take long to make your pot! A high paced game of precision and skill.

12:00 **Pool Mini Disco** Outdoor Lagoon Pool
It’s PARTY DANCE TIME! Join in with the party dances in the pool.

14:00 **Water Basket Ball** Outdoor Lagoon Pool
Get on your trunks... It’s time for slam dunks! Jump in the pool for this action packed game! Age13+ (must be competent swimmer)

15:00 **All Star Exclusive Event - You Bet Challenge** Outdoor Lagoon Pool
Have you got what it takes to go far? Prove yourself and become an All Star! This event is not to be missed. As your All Star put you through your paces to see if you really are the best.

16:00 **Killer Darts** Games Area
Who will be the killer in this ruthless game. Age 13+

16:30 **Aqua Zumba** Outdoor Lagoon Pool
Aqua Zumba, Those looking to make a splash by adding a low-impact, high-energy aquatic exercise to their fitness routine.

17:00 **Adults Football Match** football pitch
Grab those trainers and football tops and join us for a friendly match on our football pitch



18:30 A rich display of spicy authentic Indian dishes full of satisfying flavour Venue: Royal Olympic

20:00 **Safari Star Meet & Greet** Xperience Arena
Come and meet one of the Safari Stars, have your photo and get their autograph!

20:15 **Murray’s Monster Madness!** Xperience Arena
It’s Mini Disco time so join us for fun, games and most importantly DANCING!

21:00 **Certificate Presentation!** Xperience Arena
Are you a winner?! Then come and collect your special Kanika All-Star Certificate.

21:15 **Interactive Quiz** Xperience Arena
Get involved in our interactive quiz!

21:45 **Live Professional Act** Xperience Arena
Come and see one of our many professional acts here at the Olympic Lagoon, a cabaret show not to be missed.

23:00 **Request Disco** Xperience Arena
Request your favourite songs from our DJ and dance the night away!

FRIDAY

10:30 **Aqua Aerobics** Outdoor Lagoon pool
This fun sports related workout which teaches you to use the water as if it were a powerful gym. Fitness & fun wrapped up in one.

11:00 **All-Star FM** Meet at Poolside
Join us for “All-Star FM” our Kanika All-Star virtual radio station. Music, Trivia and more!

11:00 **Water Volleyball** Outdoor Lagoon Pool
Up and over . . . not down and under. Take too long and the game is over. Age13+ (must be competent swimmer)

11:30 **Table Tennis** Games Area
Ping Pong is never wrong! Come and test your Table Tennis skills in this fun game! Age 13+

12:00 **Murry The Monster Meet & Greet** Kids Pool
Come and meet Murry The Monster as he comes and says hi by the pool!

14:00 **Archery** Meet at Reception
No Robin Hood or apple here Just bow, arrow and target. Age 16+

15:00 **Water Polo** Outdoor Lagoon Pool
Team up and be the best you can. Who will be the Olympians? Age 13+

16:00 **Killer Darts** Games Area
Who will be the killer in this ruthless game. Age 13+

16:30 **Poolside Quiz** Outdoor Lagoon Pool
Dust off your thinking caps – it’s time to get those brains working! Our daily Poolside Quiz will see who is the brains of the hotel.

17:00 **Adults Football Match** football pitch
Grab those trainers and football tops and join us for a friendly match on our football pitch



18:30 A gourmet feast of all the favourite local Cypriot dishes. Venue: Royal Olympic

20:00 **Safari Star Meet & Greet** Xperience Arena
Come and meet one of the Safari Stars, have your photo and get their autograph!

20:15 **Safari Stars Showtime!** Xperience Arena
Come and join Lucas, Bella, Zorba & Gigi on their storybook adventure!

21:00 **Certificate Presentation!** Xperience Arena
Are you a winner?! Then come and collect your special Kanika All-Star Certificate.

21:15 **The Real Thing!** Xperience Arena
Come and listen to our resident band “The Real Thing” and our Kanika All-Stars with some live music!

21:45 **Thriller!** Xperience Arena
Wanna Be Startin Something? Tonight we perform the music of the “King Of Pop” in a show which will leave you thrilled!

22:30 **Party Dances and Disco** Xperience Arena
5678, Ketchup Song, Blame it on the Boogie... You know you want to!. Come and join your Entertainers on the dance floor to dance the night away!

SATURDAY

10:30 **Zumba / Dance Aerobics** Outdoor Lagoon Pool
Latin, Salsa and Mambo are all the norm, in this craze that’s taken the world by storm! Shimmy on down to some fantastic Latino music in our Dance aerobics.

10:30 **Character Parade** Around the Pool
Lucas, Zorba and Bella say Hi. Parading around the Hotel with the sun in the sky. Meet the Olympic Lagoon’s best friends in this fabulous parade

11:00 **Water Volleyball** Outdoor Lagoon Pool
Up and over . . . not down and under. Take too long and the game is over. Age13+ (must be competent swimmer)

11:00 **All-Star FM** Meet at Poolside
Join us for “All-Star FM” our Kanika All-Star virtual radio station. Music, Trivia and more!

11:30 **Shuffleboard** Meet at Reception
Slide the discs down the mat to see how many points you can get!

12:00 **Pool Mini Disco** Outdoor Lagoon Pool
It’s PARTY DANCE TIME! Join in with the party dances in the pool.

14:00 **Water Basket Ball** Outdoor Lagoon Pool
Get on your trunks... It’s time for slam dunks! Jump in the pool for this action packed game! Age13+ (must be competent swimmer)

15:00 **Water Olympics** Outdoor Lagoon Pool
Time for the ultimate water challenge – team up to see who can win the ultimate title of “Team Olympic”

16:30 **Aqua Zumba** Outdoor Lagoon Pool
Aqua Zumba, Those looking to make a splash by adding a low-impact, high-energy aquatic exercise to their fitness routine.

17:00 **Adults Football Match** football pitch
Grab those trainers and football tops and join us for a friendly match on our football pitch



18:30 A tasty selection of Mediterranean flavours created by our own executive chef. Venue: Royal Olympic

20:00 **Safari Star Meet & Greet** Xperience Arena
Come and meet one of the Safari Stars, have your photo and get their autograph!

20:15 **Olympics Got Talent Showtime!** Xperience Arena
After today’s auditions these budding performers are ready to showcase their skills.

21:00 **Certificate Presentation!** Xperience Arena
Are you a winner?! Then come and collect your special Kanika All-Star Certificate.

21:15 **Back To The 50’s!** Xperience Arena
Tonight we rock around the clock as we get our jive on to the sound of the 50’s!

21:45 **The Commitments** Xperience Arena
This show is filled with music that will capture the audience with all the classics such as mustang sally, midnight hour & try a little tenderness. Come and enjoy our tribute to the Irish phenomenon “The Commitments”!

22:30 **Request Disco** Xperience Arena
Get your requests in at the DJ box and get ready to dance the night away!