

# SUNDAY

## 10:30 Stretching and Yoga Reception

Start your day with some feel good stretching and focus that mind with the most popular Yoga positions. Healthy mind = healthy body.

## 11:30 Water Basketball Indoor Pool

Slam, Dunk, splash and shoot. The team who shoot the most goals avoid the splashdown!

## 12:00 Beach Boules Havana Venue

Whether you're 15 or 50 all you need is the skill, steady hand and an eye on the jack. Age 13+

## 14:00 Archery Reception

No Robin Hood or apple here. Just bows, arrow and target. Age 13+

## 15:00 Shuffleboard Havana Venue

Watch out for the dark horses in this game, you think your on top but then you flop! Can you handle the pressure?!

## 16:00 Aqua Aerobics Indoor Pool

This fun sports related workout is perfect instead of a strenuous gym workout or if you need to work those achy muscles! Fitness and Fun wrapped up in one!

## 17:00-18:00 Happy Hour ... at the Alexander Bar and Infinity Pool Bar



An irresistible buffet of succulent meats accompanied by delicious sauces  
Venue: Roxane Restaurant

## 21:00 Certificate Presentation Alexander Bar

Stand with pride, there's no need to hide! Come and collect your very deserving winners certificate.

## 21:15 Live Professional Act Alexander Bar

Come and see one of our many professional acts here at the Alexander the Great, a cabaret show not to be missed.

## 22:30 Disco Alexander Bar

It's your chance to be a star and sing one of your favourite songs. With over 80'000 songs there's something there for everyone.

The management reserves the right to make any changes without prior notice

## GARIBALDI RISTORANTE ITALIANO

Join us for a unique

### GASTRONOMIC EXPERIENCE

Open daily from 18.30 - 21.30

An adult's only Restaurant

Reservations Essential at the Guest Relations area or at the info kiosk

(Reservation/once per week for clients on H/B or F/B plus basis)



## RESTAURANTS & BARS

### OPENING HOURS

#### OPENING DAYS OPENING HOURS

<b>Cafe Royal</b>		
Breakfast	Mon - Sun	07:00 - 10:30
Lunch	Mon - Sun	12:30 - 14:30
<b>Limanaki Restaurant</b>		
Dinner	Pls contact Guest Relations desk	18.30 - 21.30
<b>Roxane's Restaurant</b>		
Dinner	Mon - Sun	18.30 - 21.30
<b>Garibaldi Restaurant</b>		
Dinner	Pls contact Guest Relations desk	18.30 - 21.30
<b>Infinity Pool Bar</b>		
Snacks, Beverages	Mon - Sun	10:00 - 19:00
<b>Seven Orchids Pan Asian Restaurant</b>		
Dinner	Pls contact Guest Relations desk	18.30 - 21.30
<b>Infinity Swim Up Bar</b>		
	Mon - Sun	11:00 - 19:00
<b>Alexander's Bar</b>		
	Mon - Sun	09.00-01.00

For guests booked on Half-Board+, they must book their choice of restaurant for the following night at least 24 hours in advance .

## LIMANAKI GREEK TAVERN

Located by the pool area, the Alexander's traditional restaurant is the perfect setting for dinner. The cooling breeze from the sea stimulates your appetite for a Meze and authentic Mediterranean cuisine.

Reservations Essential at the Guest Relations Desk or at the info kiosk.  
(Reservation/once per week for clients on H/B or F/B plus basis)

## For your Evening Meals H/B and F/B plus guests

Our package includes your dinner at the Roxanne's Restaurant plus half a bottle of water, a glass of wine or a glass of beer or a glass of soft drink per person. Once per week you may dine at the Garibaldi Italian Restaurant, once at the 7 Orchids Pan asian Restaurant and also once at the Limanaki Greek Tavern.

Reservation is Essential at the Guest Relation Desk or at the info kiosk.  
(Reservation/once per week for clients on H/B & F/B plus basis)

### Sun bed allocation system:

The sun bed allocation station by the swimming pool will be in operation from 08:00 - 12:00



Give your face and body a real treat!

Ensure you take that holiday look and feeling back home by visiting the Serenity Health Club and Spa, right here in your hotel!

Expertly applied world-class, marine-based spa products are the basis of face and body treatments that reach further and deeper than you can imagine, leaving you with that wonderful sensation of healthy relaxation and visible radiance.



### SPECIAL TREATS

Mini Facial

Indian Head Massage

Dead Sea Mud Wrap

Candle Massage

Hot Stone Therapy

For consultations and bookings, have a chat with our spa therapists at SPA Ext. No. 3113 or call reception.

### Opening Hours

Serenity Health Club & Spa  
09:00 hrs - 20:00 hrs

Fitness Centre

08:00 hrs - 20:00 hrs

# Weekly Activities & Entertainment

## PROGRAMME



## Fun for Everyone!

At the Kanika Alexander the Great Beach Hotel we offer our guests a real holiday packed with daytime activities and evening entertainment. From outdoor sports and fun activities to a varied and spectacular evening programme, Kanika Alexander the Great Beach Hotel has it all.

Check our weekly activities and entertainment programme to make the most of your stay - and don't miss the Havana Venue.



# MONDAY

- 10:30 **Zumba and Dance Aerobics** Alexander Bar  
Combining Zumba routines with the craziest dance moves. It's time to sweat!
- 11:30 **Table Tennis** Indoor Pool  
A game of fast play and quick reactions. This fun tournament is perfect for everyone. Ping or Pong, it won't take long!
- 12:00 **Killer Darts** Havana Venue  
Try and hold on to all your lives in this fiery darts game. Simply beat the score of the one before and you will walk away the winner!
- 14:00 **Archery** Reception  
No Robin Hood or apple here. Just bows, arrow and target. Age 13+
- 15:00 **Water Basket Ball** Indoor Pool  
How are you at shooting those hoops, why don't you bring the troops and join the Kanika Allstars for a fun basketball game in the swimming pool.
- 16:00 **Aqua Aerobics** Indoor Pool  
This fun sports related workout is perfect instead of a strenuous gym workout or if you need to work those achy muscles! Fitness and Fun wrapped up in one!
- 17:00-18:00 **Happy Hour** ... at the Alexander Bar and Infinity Pool Bar
- 18:30 - 21:30 An exotic feast unlike any other, designed to delight the adventurous palate **Venue: Roxane Restaurant**
- 20:00 **Kids Mini Disco** Kids Club
- 21:00 **Certificate Presentation** Havana Venue  
'Stand with Pride, there's no need to hide! Come and collect your very deserving winners certificate.
- 21:15 **Visual Quiz Time** Havana Venue  
Tonight were testing your knowledge! Come and find out if your eyes deceive you in our visual quiz!
- 21:45 **Live Professional Act** Havana Venue  
Come and see one of our many professional acts here at the Alexander the Great, a cabaret show not to be missed.
- 22:30 **Request Disco** Havana Venue  
Come and join your Entertainers on the Dance floor to dance the night away!



# TUESDAY

- 10:30 **Aqua Aerobics** Indoor Pool  
This fun sports related workout is perfect instead of a strenuous gym workout or if you need to work those achy muscles! Fitness and Fun wrapped up in one!
- 11:30 **Bullseye** Havana Venue  
Have you got the eye for the Bullseye! All it takes is three hits in the middle to become the champion! Age 13+
- 12:00 **Table Tennis** Indoor Pool  
This can be a killer, have you got what it takes to be a winner! Age 13+
- 14:00 **Water Polo** Indoor Pool  
Team up and be the best you can. Who will be Alexander Champions? Age 13+
- 15:00 **Archery** Reception  
Aim is the game. It's time to keep your eyes on the target and fire away! Age 13+
- 16:00 **Water Volleyball** Indoor Pool  
A Good serve can make you swerve! Come and play a fun game of volleyball with your Allstars but lets make sure those feet can touch the floor!
- 17:00-18:00 **Happy Hour** ... at the Alexander Bar and Infinity Pool Bar
- 18:30 - 21:30 A gourmet feast of all the favourite local Cypriot dishes **Venue: Roxane Restaurant**
- 20:00 **Kids Mini Disco** Kids Club
- 21:00 **Certificate Presentation** Havana Venue  
'Stand with Pride, there's no need to hide! Come and collect your very deserving winners certificate.
- 21:15 **Faces Of Disco!** Havana Venue  
Who's dancing tonight! Come and find out in Faces Of Disco!
- 21:45 **Chicago Rouge** Havana Venue  
Bonsoir, Le Moulin Rouge! Feel the Rhythm of the night as we take you through all that jazz!
- 22:30 **Request Disco** Havana Venue  
Come and join your Entertainers on the Dance floor to dance the night away!



# WEDNESDAY

- 10:30 **Stretching and Yoga** Havana Venue  
Start your day with some feel good stretching and focus that mind with the most popular Yoga positions. Healthy mind = healthy body.
- 11:30 **Shoeback** Havana Venue  
The mini shuffleboard! This game needs focus and skill but is fabulous fun for the whole family. Glide and Go!
- 12:00 **Beach Boules** Havana Venue  
Muscles at the ready! These heavy balls just need to be thrown nearest to the target ball to win. Your Kanika Allstars are ready to lead you to the beach.
- 14:00 **Dartchery** Reception  
Darts with a bow and arrow! Using the same technique but a different target! This game is an easier way to score higher points and win! Age 13+
- 15:00 **Shuffleboard** Havana Venue  
Shuffleboard can be played with the whole family or with friends, drink in hand, the game is grand. Come along to score as many points as possible or knock your opponent off the mat!
- 16:00 **Aqua Aerobics** Indoor Pool  
This fun sports related workout is perfect instead of a strenuous gym workout or if you need to work those achy muscles! Fitness and Fun wrapped up in one!
- 17:00-18:00 **Happy Hour** ... at the Alexander Bar and Infinity Pool Bar
- 18:30 - 21:30 An indulgent choice of Italy's finest cuisine inspired by classical dishes. **Venue: Roxane Restaurant**
- 20:00 **Kids Mini Disco** Kids Club
- 21:00 **Certificate Presentation** Havana Venue  
'Stand with Pride, there's no need to hide! Come and collect your very deserving winners certificate.
- 21:15 **Prize Bingo** Havana Venue  
Get your dabbers at the ready! What would your holiday be without a fun session of bingo and fabulous prizes!
- 21:45 **Sounds of Motown** Havana Venue  
Come and support your Allstars in a great new show for 2017. Motown was an era of classics and we have them all!
- 22:30 **Request Disco** Havana Venue  
Come and join your Entertainers on the Dance floor to dance the night away!



# THURSDAY

- 10:30 **Aqua Aerobics** Indoor Pool  
This fun sports related workout is perfect instead of a strenuous gym workout or if you need to work those achy muscles! Fitness and Fun wrapped up in one!
- 11:30 **Table Tennis** Indoor Pool  
This can be a killer, have you got what it takes to be a winner! Age 13+
- 12:00 **Killer Darts** Havana Venue  
Who will be the killer in this ruthless game? Age 13+
- 14:00 **Water Polo** Indoor Pool  
Team up and be the best you can. Who will be Alexander Champions? Age 13+
- 15:00 **Archery** Reception  
Robin Hoods and Maid Marion's it's your time to shine. This skillful art of a game involves a bow, arrow and target. By the end of your holiday you could be a professional archer! Age 13+
- 16:00 **Water Volleyball** Indoor Pool  
A Good serve can make you swerve! Come and play a fun game of volleyball with your Allstars but lets make sure those feet can touch the floor!
- 17:00-18:00 **Happy Hour** ... at the Alexander Bar and Infinity Pool Bar
- 18:30 - 21:30 Enjoy a lavish buffet of Mexican specialities. **Venue: Roxane Restaurant**
- 20:00 **Kids Mini Disco** Kids Club
- 21:00 **Certificate Presentation** Havana Venue  
'Stand with Pride, there's no need to hide! Come and collect your very deserving winners certificate.
- 21:15 **Boy With Tape On His Face** Havana Venue  
It's comedy time! One of your Allstars has a secret skill. Keep your eyes open and you'll be highly entertained.
- 21:45 **Thriller** Havana Venue  
New for 2016 is the amazing beats and sounds of the one and only Michael Jackson! Your Allstars put on a show not to be missed!



# FRIDAY

- 10:30 **Zumba and Dance Aerobics** Alexander Bar  
Combining Zumba routines with the craziest dance moves. It's time to sweat!
- 11:30 **Killer Darts** Havana Venue  
Try and hold on to all your lives in this fiery darts game. Simply beat the score of the one before and you will walk away the winner!
- 12:00 **Shoeback** Havana Venue  
The mini shuffleboard! This game needs focus and skill but is fabulous fun for the whole family. Glide and Go!
- 14:00 **Archery** Reception  
Aim is the game! It's time to keep your eye on the target and fire away! Age 13+
- 15:00 **Cocktail Demonstration** Havana Venue  
Brandy Sour or Ouzo Special, Garneted to get ya taste buds twisted
- 16:00 **Aqua Aerobics** Indoor Pool  
This fun sports related workout is perfect instead of a strenuous gym workout or if you need to work those achy muscles! Fitness and Fun wrapped up in one!
- 17:00-18:00 **Happy Hour** ... at the Alexander Bar and Infinity Pool Bar
- 18:30 - 21:30 A tasty selection of Mediterranean flavours created by our own executive chef. **Venue: Roxane Restaurant**
- 20:00 **Kids Mini Disco** Kids Club
- 21:00 **Certificate Presentation** Alexander Bar  
'Stand with Pride, there's no need to hide! Come and collect your very deserving winners certificate.
- 21:15 **Live Professional Act** Alexanders Bar  
Come and see one of our many professional acts here at the Alexander the Great, a cabaret show not to be missed.
- 22:30 **Request Disco** Alexanders Bar  
Come and join your Entertainers on the Dance floor to dance the night away!



# SATURDAY

- 10:30 **Aqua Aerobics** Indoor Pool  
This fun sports related workout is perfect instead of a strenuous gym workout or if you need to work those achy muscles! Fitness and Fun wrapped up in one!
- 11:30 **Table Tennis** Indoor Pool  
This can be a killer, have you got what it takes to be a winner! Age 13+
- 12:00 **All Around The World Darts** Havana Venue  
1-20 in the correct order, be the first to travel around the board and win with a grin! Age 13+
- 14:00 **Water Polo** Indoor Pool  
Team up and be the best you can. Who will be Alexander Champions? Age 13+
- 15:00 **Dartchery** Reception  
Darts with a bow and arrow! Using the same technique but a different target! This game is an easier way to score higher points and win! Age 13+
- 16:00 **Beat the Team Water Volley Ball** Indoor Pool  
It's time to try and defeat the coolest team of your holiday! Do you have what it takes, could it be a piece of cake? Come along to challenge the Kanika Allstars!
- 17:00-18:00 **Happy Hour** ... at the Alexander Bar and Infinity Pool Bar
- 18:30 - 21:30 A mouth-watering buffet using locally sourced produce in home-cooked specialities. **Venue: Roxane Restaurant**
- 20:00 **Kids Mini Disco** Kids Club
- 21:00 **Certificate Presentation** Havana Venue  
'Stand with Pride, there's no need to hide! Come and collect your very deserving winners certificate.
- 21:15 **Back To The 50's** Havana Venue  
Our Kanika Allstars are about to take you back in time for Pre Cabaret showtime. You will be twisting the night away with these 50s classics!
- 21:45 **The Commitments** Havana Venue  
This show is soul filled that will capture the audience with all the classic music such as mustang sally, midnight hour, try a little tenderness. Come and enjoy our Tribute to the Irish phenomenon "The Commitments"
- 22:30 **Request Disco** Havana Venue  
Come and join your Entertainers on the Dance floor to dance the night away!



The Havana Entertainment Venue is now open, offering evening entertainment in an ambience of fun and excitement.

From parties and games to spectacular adult-oriented musical cabaret shows, evenings at the Havana Venue is a great night out!



Take a culinary journey around some of the most delectable flavours in Asia with the imaginative menu of the Seven Orchids Pan Asian Restaurant. Asian cuisine is all about harmony and balance of four basic tastes: sour, bitter, sweet and

salty. Using only the freshest ingredients, the restaurant's menu includes recognizable dishes from Japanese teppan style cooking to Thai coconut and lime infused flavours and Malaysian green curry to the traditional five spices of China

Reservations Essential at the Guest Relation Desk or at the info kiosk.  
(Reservation/once per week for clients on H/B & F/B plus basis)

